

Longevity Confessions

Psalms 91:15 He shall call upon me, and I will answer him: I *will be* with him in trouble; I will deliver him, and honour him.

Psalms 91:16 With long life will I satisfy him, and shew him my salvation.

Father, I say that because I call upon You, You will answer me and will be with me in trouble. You will deliver me and honor me.

I say that with long life You will satisfy me and show me Your salvation.

Proverbs 3:1 My son, forget not my law; but let thine heart keep my commandments:

Proverbs 3:2 For length of days, and long life, and peace, shall they add to thee.

Father, I say that because I do not forget Your laws but keep Your commandments in my heart, that length of days, long life, and peace You will add to me.

Genesis 6:3 And the LORD said, My spirit shall not always strive with man, for that he also *is* flesh: yet his days shall be an hundred and twenty years.

Father, I say that according to Your provision, I will live to be at least 120 years old. I will live without infirmities. My mind will be sharp all the days of my life and my body will be strong and filled with health.

Deuteronomy 34:7 And Moses *was* an hundred and twenty years old when he died: his eye was not dim, nor his natural force abated.

Father, I say that as You were with Moses, so You are with me. I will live to be at least 120 years old, and my eyes will not be dim, nor my natural physical force depleted. I will be just as strong at 120 as I am now. I will not grow senile. I will not pass away in a hospital or nursing facility, but I will pass from this life into Your glory at my own home under familiar surroundings. And I will need no physical assistance until the day of my departure.

Exodus 20:12 Honour thy father and thy mother: that thy days may be long upon the land which the LORD thy God giveth thee.

Ephesians 6:1 Children, obey your parents in the Lord: for this is right.

Ephesians 6:2 Honour thy father and mother; (which is the first commandment with promise;)

Ephesians 6:3 That it may be well with thee, and thou mayest live long on the earth.

Father, I thank You that because I choose to honor my parents, whether living or dead, I receive Your commandment with promise. You have promised me long life on the earth, and I say that I will live to be at least 120 years old.

Psalms 103:1 Bless the LORD, O my soul: and all that is within me, *bless* his holy name.

Psalms 103:2 Bless the LORD, O my soul, and forget not all his benefits:

Psalm 103:3 Who forgiveth all thine iniquities; who healeth all thy diseases;

Psalm 103:4 Who redeemeth thy life from destruction; who crowneth thee with lovingkindness and tender mercies;

Psalm 103:5 Who satisfieth thy mouth with good *things*; *so that* thy youth is renewed like the eagle's.

Father, I say that because You have said that You will renew my youth like the eagle's, I say that You turn back decades of youth in my physical body. I am decades younger in my physical body than my birth year.

Amen