

## Longevity Confessions

**Psalm 91:15** He shall call upon me, and I will answer him: I *will* bewith him in trouble; I will deliver him, and honour him.

**Psalm 91:16** With long life will I satisfy him, and shew him my salvation.

Father, I say that because I call upon You, that You will answer me and will be with me in trouble, deliver me, and honor me.

I say that with long life You will satisfy me and show me Your salvation.

**Proverbs 3:1** My son, forget not my law; but let thine heart keep my commandments:

**Proverbs 3:2** For length of days, and long life, and peace, shall they add to thee.

Father, I say that because I do not forget Your laws but keep Your commandments in my heart, that length of days, long life, and peace You will add to me.

**Genesis 6:3** And the LORD said, My spirit shall not always strive with man, for that he also *is* flesh: yet his days shall be an hundred and twenty years.

Father, I say that according to Your provision, I will live to be at least 120 years old. I will live without infirmities. My mind will be sharp all the days of my life, and my body will be strong and filled with health.

**Deuteronomy 34:7** And Moses *was* an hundred and twenty years old when he died: his eye was not dim, nor his natural force abated.

Father, I say that as You were with Moses, so You are with me. I will live to be at least 120 years old, and my eyes will not be dim, nor my natural physical force depleted. I will be just as strong at 120 as I am now. I will not grow senile. I will not pass away in a hospital or nursing facility, but I will pass from this life into Your glory at my own home under familiar surroundings. And I will need no physical assistance until the day of my departure.

**Exodus 20:12** Honour thy father and thy mother: that thy days may be long upon the land which the LORD thy God giveth thee.

**Ephesians 6:1** Children, obey your parents in the Lord: for this is right.

**Ephesians 6:2** Honour thy father and mother; (which is the first commandment with promise;)

**Ephesians 6:3** That it may be well with thee, and thou mayest live long on the earth.

Father, I thank You that because I choose to honor my parents, whether living or dead, I receive Your commandment with promise. You have promised me long life on the earth, and I say that I will live to be at least 120 years old.

**Psalm 103:1** Bless the LORD, O my soul: and all that is within me, *ble*ss his holy name.

**Psalm 103:2** Bless the LORD, O my soul, and forget not all his benefits:

**Psalm 103:3** Who forgiveth all thine iniquities; who healeth all thy diseases;

**Psalm 103:4** Who redeemeth thy life from destruction; who crowneth thee with lovingkindness and tender mercies;

**Psalm 103:5** Who satisfieth thy mouth with good *things*; so that thy youth is renewed like the eagle's.

Lord, I bless You and I do not forget all Your benefits to me. You have forgiven all my iniquities and healed all my diseases. You have redeemed my life from destruction and crowned me with lovingkindness and tender mercies. You have satisfied my mouth with good things so that my youth is renewed like the eagle's. Therefore, I say that decades of youth are restored to my physical body.