

## Book of Ephesians – Confessions

### Chapter 1

1. In Christ I have redemption through His blood, the forgiveness of sins
2. In Christ I have an inheritance and I am the praise of His glory
3. I have the spirit of wisdom and revelation in the knowledge of Him
4. The eyes of my understanding are enlightened
5. I know the exceeding greatness of His power toward me

### Chapter 2

1. I am raised up together with Christ in heavenly places
2. I have the exceeding riches of the Father's grace in Christ Jesus
3. I am created in Christ Jesus for good works and I walk in them
4. Jesus Himself is my peace
5. I am a fellow citizen with the saints and a member of God's household

### Chapter 3

1. I have the wisdom of my Heavenly Father
2. I have boldness with confidence through faith in Him
3. I am strengthened with might through His Spirit in my inner man
4. I am rooted in God's love and comprehending what is the depth [of His Love]
5. I know the love of Christ which passes knowledge and I'm filled with all the fullness of God

### Chapter 4

1. I walk worthy of my calling with all lowliness and gentleness
2. With longsuffering I bear with one another in love
3. I keep the unity of the Spirit in the bond of peace
4. I partake with the unity of God's faith
5. I am spiritually mature and speak sound doctrine through the wisdom of Christ
6. I speak the truth in love
7. I am growing up in Christ who is the head of the church
8. I no longer walk in futility of mind
9. I hear the Lord and am being taught by Him
10. I have put off the corrupt old man and avoid deceitful lusts
11. I am renewed in the spirit of my mind
12. I have put on the new man which was created in true righteousness and holiness
13. I have put away lying and speak truth with my neighbor

14. I do not get angry and sin
15. I do not let the sun go down on my wrath
16. I do not give place to the devil in any area
17. I work with my hands what is good that I may have something to give others in need
18. I let no corrupt word proceed out of my mouth
19. I only speak what is good for necessary edification that imparts grace to the hearers
20. I do not grieve the Holy Spirit of God
21. I have put away all bitterness, wrath, anger, clamor, and evil speaking with all malice
22. I am kind to others, tenderhearted, and forgiving others, even as God in Christ forgave me

## Chapter 5

1. I walk in love as Christ also loves me
2. I am a saint and I give thanks
3. I avoid all immorality, uncleanness, and covetousness which is not even named among me
4. I avoid all filthiness, foolish talking, and coarse jesting
5. I do not partake with believers who are fornicators, unclean, or covetous
6. I am a light in the Lord and walk as a child of light
7. I know what is acceptable to the Lord
8. I have no fellowship with unfruitful works of darkness but expose them instead
9. I walk circumspectly (watchfully), not as a fool but with God's wisdom
10. I am redeeming the time
11. I am filled with the Spirit, speaking in psalms and hymns and spiritual songs
12. I sing and make melody in my heart to the Lord
13. I give thanks always for all things to God the Father
14. I submit to other believers in the fear of God
15. As a wife, I submit to my husband, as to the Lord
16. As a husband, I am the head of my wife, as Christ is head of the church and Savior of the body
17. As a wife, I am subject to my husband in everything, just as the church is subject to Christ
18. As a husband, I love my wife, just as Christ loved the church and gave Himself for her
19. As a husband, I love my wife as I love myself
20. As a husband, I nourish and cherish my wife, just as the Lord does the church
21. I am a member of the Lord's body
22. My spouse and I have left our parents and are joined together as one flesh
23. As a wife, I respect my husband

## Chapter 6

1. I honor my parents and it is well with me
2. I do not provoke my children to wrath but bring them up in the training and admonition of the Lord
3. I am obedient to overseers from the Lord, doing the will of God from my heart
4. I am strong in the Lord and in the power of His might
5. I put on the whole armor of God and stand against the wiles of the devil
6. I do not wrestle against flesh and blood. I battle and win the spiritual war over demonic powers.
7. I have put on the whole armor of God and withstand in the evil day
8. I stand with my waist girded with truth while wearing the breastplate of righteousness
9. My feet are shod (cloaked) with the preparation of the gospel of peace
10. Above all I take the shield of faith and quench all the fiery darts of the wicked one
11. I take [and use] the helmet of salvation and the sword of the Spirit which is the word of God
12. I pray always with all prayer and supplication in the Spirit